

***Chesapeake
Natural Health Center***

Paul Faust, ND

521 E. Joppa Rd, Ste 205 • Towson, MD 21286

410.821.1788 • FAX 410.821.0724

chesapeakenaturalhealth.com

First name

Last name

Date of Birth

Age

Sex

Email

Address

Home phone

Mobile phone

City

State Zip

Please list health concerns (and prior diagnoses) in order of significance:

Please indicate any prior serious conditions, illnesses, injuries, and hospitalizations with approximate dates:

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Please list all current prescription medications:
Medication name Dosage Frequency

Please list all supplements:
Supplement name Dosage Frequency

Drug/food allergies or intolerances:

Dietary restrictions (K, VTN, VGN, GF, CF):

Please list any significant family medical history:

Gynecologic Info:

Please list any ongoing or recurring gynecological problems or concerns:

Pregnancy History
Year Outcome Complications if any

Menopause? Date:

Hysterectomy? Date:

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I, _____, on behalf of _____ myself _____ my minor child, _____, hereby give my voluntary and informed consent for naturopathic care by Paul Faust, N.D. A naturopathic doctor is a practitioner trained in the use of natural means and remedies to further health and wellness including assessment and patient education and counseling about nutritional interventions; herbal and homeopathic remedies; lifestyle modifications and a range of other natural interventions/consultation.

Dr. Faust's consultations include: Nutritional issues and discussion of diet and nutritional supplementation; Botanical substances may be prescribed as teas, alcoholic tinctures, capsules, tablets, creams, solid extracts, or suppositories; Lifestyle counseling and hygiene: promotion of wellness including recommendations for exercise, sleep, stress reduction, and balancing of work and social

Non-Medical Nature of Services

I understand that Dr. Faust is not a medical doctor and that naturopathy is not a medical specialty but a separate and distinct health care tradition. I understand that Dr. Faust is a licensed, board-certified naturopathic physician in the State of Washington, based upon his four year graduate training in an accredited institution as a naturopathic doctor. Naturopathic physicians are licensed in 14 states, and in the District of Columbia, but the State of Maryland does not currently offer licensing for naturopathic doctors. Where naturopathic doctors are not licensed, their scope of practice does not encompass the diagnosis and treatment of disease, but is focused upon consultations regarding natural remedies such as herbs, dietary consultations, and homeopathic remedies.

Dr. Faust's work in Maryland does not allow him to offer the full range of services within his training, but the educational consultations he provides are at the core of the naturopathic approach to health. I understand that his assessments and recommendations are intended to assist me in using natural means to support my health and are not intended to serve as medical diagnosis or treatment. If I believe that I have a condition which requires medical care, I will consult my primary care physician or an appropriate specialist. I understand that Dr. Faust may, during his assessment, see evidence of a condition which should be diagnosed and treated by a medical physician or require laboratory or other testing to support good health care decision making, and in that event necessary referrals will be made. I should not avoid any diagnostic work-ups or discontinue any medical treatment based upon my consultations with Dr. Faust, and if I believe that modifications may be sensible in the light of natural approaches to care, I agree to first discuss such changes with my prescribing medical physician.

Dr. Faust will explain his assessment to me and describe the nature of his recommendations, the expected prognosis without such care, and the anticipated cost, risks, benefits, and experience of following various options. I understand that a core approach taken by naturopathy is achieving better health status through improvements in diet and use of dietary supplements to improve biological function, as well as exercise and other lifestyle modifications. The focus of naturopathic care is to alleviate the underlying conditions that bring about illness rather than the treatment of symptoms. While I may experience some immediate improvement from the use of herbs, homeopathic remedies and other botanical and naturopathic methods, I understand that the most effective results occur when I make a long-term commitment to rebuild my health with the assistance of Dr. Faust.

I understand that Dr. Faust does not offer after-hour services or provide any hospital-based services. If I have difficulty with any of the remedies or other aspects of my work with Dr. Faust, I understand I should call during business hours to discuss concerns I may have.

Potential Risks

As with any method of care, naturopathy can involve some risk. I understand I may experience aches, pains, or even show new symptoms as the body responds by shifting its "balance." This is generally a positive sign and shows the body is making a positive movement. Some people may experience a "healing crisis" – a short period in which symptoms worsen or a period of flu-like illness with mild fever, chills, dizziness, loss of appetite, or similar symptoms. Such an experience can signal the body detoxifying.

While herbs and botanical products are generally available over-the-counter and are considered safe based upon their long history of use, many of them have not been widely tested. Negative reactions to natural remedies may include rare allergic reactions, including headaches, itching, hives, difficulty breathing, and very rarely, even shock or death. I understand that the interactions between herbs, and between herbs and drugs my physician might prescribe, are not yet well known, and that while unlikely I could have an adverse reaction or experience a reduction or increase in the effect of other medications. This can have serious consequences for some medication, such as for the control of high blood pressure or sugar. I understand that I should let my physician know what herbs I am taking, particularly prior to surgery or other procedures.

Negative reactions to homeopathy are extremely rare given the doses used; an effective dose may result in a temporary increase in my symptoms or a healing crisis.

I understand that it is in my best interest to let my primary care physician know about my work with Dr. Faust to ensure my care is coordinated. I am aware that such consultations are an art and that no guarantees are made as to any outcomes.

Notice to Pregnant Women: All female clients must alert Dr. Faust if they know or suspect that they are pregnant as some of the remedies used could present a risk.

Informed Consent for Naturopathic Consultation

I hereby authorize naturopathic assessment and consultation and certify that I understand the nature of this health care method, including the risks of possible adverse reactions and choices I may have about other approaches. I understand that no recommendations are being made to me to discontinue any treatment being provided by any other health care professional. I understand that Dr. Faust does not function as a primary care physician, and that he offers his services in addition to other services I receive. I have been adequately informed, and questions I have asked have been satisfactorily answered. I represent that I am seeking assessment and consultation in order to further my own health and for no other reason and do not represent a third party. I am aware that I may withdraw this consent and discontinue following the recommendations at any time.

Signature of Client or Legal Guardian

Printed Name

Date

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Office Policies

Naturopathic Consultations - Office Visits, Skype, and Phone Calls:

Minimum	0-5 min	\$55
Acute/Limited lab review	5-15 min	\$75
Follow-up - Standard	15-30 min	\$150
Follow-up - Extended	30-45 min	\$225
Initial - Standard	45-60 min	\$295
Initial - Extended	60-75 min	\$375
Initial - Comprehensive/Oncology	75-90 min	\$495

Phone appointments and Skype sessions with Dr. Faust will be scheduled and the above consultation fee will apply. All return phone calls from Dr. Faust are subject to the consultation fees.

Lab test results will be reviewed during appointments only. If you would like to have labs reviewed prior to your regularly scheduled appointment, please call to schedule a limited lab consultation for this purpose.

Email communication is reserved for administrative purposes only, such as: supplement orders, confirming appointments, receiving lab work, sending requested information, and clarification of protocol recommendations. Emails are not used for consultations. Medical symptoms and health concerns may only be emailed to be placed in your chart for an upcoming scheduled consultation.

Cancellations (except for an emergency situation) without 2 business days notice will be charged 50% of the scheduled appointment fee. No Shows will be charged 100% of the fee.

No Insurance Reimbursement: Dr. Faust is not a licensed physician in Maryland, since this state does not currently offer licensing for Naturopathic Doctors. Therefore, we are not able to accept insurance payment and we can not provide billing statements or diagnostic codes for insurance or healthcare spending account reimbursement, including letters of medical necessity.

Payment is due at the time of service and prior to shipping any orders. Cash, check, and credit card (MasterCard/VISA/AmEx/Discover) accepted.

Homeopathic remedies are not available for refill without a follow-up consultation. Refills of nutritional supplements are available for purchase for 6/six months from the last consultation or until the recommended follow-up date indicated on the protocol.

The recommended follow-up appointment date is an estimate based on the assessment at your last appointment and the expectation that you are doing well. If your condition changes or does not improve, if there are new lab results, if there needs to be a change to your protocol, or if there is a new health concern including acute illness such as coughs/colds and other infections, please call to move-up your follow-up appointment or schedule an additional appointment prior to your regularly scheduled appt.

Product returns are accepted for unopened nutritional supplements within their expiration date for 90 days from purchase except for homeopathic remedies and probiotics. A restocking fee of 10% will be assessed for returns after 60 days.

Due to the length and limited availability of initial appointments, we require a 50% deposit when scheduling your initial consultation. Half of the deposit is refundable upon cancellation provided we receive at least 2 days prior notice.

I have read and agree to the above office policies:

Signature of Client or Legal Guardian

Printed Name

Date